



Because YOU Matter!

**Trumbull County Wellness Committee
Meeting Summary
Thursday, August 11, 2022**

The Trumbull County Wellness Committee met on Thursday, August 11, 2022, at the Commissioners' Hearing Room at the Administration Building. Those in attendance included:

Jenna Amerine, TCCHD, Chairperson
Mitzi Sabella, Planning Commission
Marge Seyer, JFS
Steve Charles, HR
Barbara Vingle, Clerk of Courts
Jessica Whitt, UHC – on phone

Chairperson, Jenna Amerine, called the meeting to order at 3:10 p.m.

I. Old Business

Jenna Amerine spoke about the Gym check-in, which starts January 2023. She said that you have to have Rally Ap downloaded, and you can have your house gym included. She is going to send the flyer out about how to download the Rally Ap.

II. New Business

- Jenna reported that there were 39 participants in the Virtual 5K race and four top winners.
- There will be a rally incentive drawing in August for those that completed their biometric screening.
- Jenna will send out an immunization schedule for adults.
- In September, Real Appeal will be promoted.
- In October, the Trumbull County Combined Health Department will offer flu shots.

III. Adjournment

Next meeting will be on Thursday, September 8, 2022, at 3:00 p.m. in the Commissioners' Hearing Room.

There being no further business, the meeting was adjourned at 3:50 p.m.

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